Together for fair rents

This is the third year in which landlords have demanded sky-high rent increases. The only thing standing between you and their demands is the Swedish Union of Tenants (Hyresgästföreningen). Your membership helps us, with our combined expertise, to combat unreasonable rent increases.

What do we do at the Swedish Union of Tenants?

Every year, we negotiate rents for three million tenants to make sure that your rent is held at a sustainable level. Your membership contributes to our work to safeguard everyone's right to decent housing at a fair cost.

2025 rent negotiations

Ahead of this year's rent negotiations, many property owners have announced that they want to increase rents by up to 15.4%. By joining forces and negotiating collectively, we can achieve a more secure, stable rent level. We will continue to fight for reasonable rent increases.

Become a member of the Swedish Union of Tenants

We work to ensure that you have maximum peace of mind in your housing. As one of Sweden's biggest popular movements, we are a major joint force that collectively can have an effect and increase your influence over your home, your neighbourhood and housing policy in general.

Legal assistance and advice on housing issues

Our advisors can help you with all matters relating to your housing and rent. You also have access to legal assistance. We stand by your side in the event of a dispute with your landlord.

Read more and become a member at hyresgastforeningen.se



